

# POWYS CHALLENGE HER POWYS

**A Chance to Change**  
**Cyfle i Newid**



## LITERACY/NUMERACY MENTORING PROJECT

**Information  
for Young People**






**The Queen's Award For  
Voluntary Service 2004**



**Funded by the  
Community Safety Partnership  
Fund and The Tudor Trust**

**Working to Reduce Crime**  
**Gweitho i Leihau Trosedd**

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Website: [www.powyschallenge.org.uk](http://www.powyschallenge.org.uk)**

**Registered Charity No: 1091494  
Registered Company No: 4350654**

## What is a Mentor?

A Mentor is someone who...

- ↪ Supports you on a one-to-one basis
- ↪ Is a fully trained non-paid, volunteer who gives their time freely
- ↪ Listens to you and will not judge you
- ↪ Can help sort out Problems
- ↪ Keeps your conversations confidential and will not tell anyone anything you tell them— **unless they believe you or someone else is in danger or at risk of harm**

## What can a Mentor help with?

A Mentor can help with...

- ↪ Reading, Writing, Spelling or Maths
- ↪ Homework/Application forms/Paperwork
- ↪ Confidence Building
- ↪ Personal Problems
- ↪ Practical Issues
- ↪ Time Management and support
- ↪ Interview Assistance
- ↪ Driving Test Theory
- ↪ Duke of Edinburgh's Award
- ↪ Contacting useful Agencies
- ↪ Abuse/Addiction
- ↪ Benefits Agency
- ↪ Domestic Violence
- ↪ Housing and Homelessness

## What to do next...

### Interested?

Speak to your Head of Year  
or  
Social Inclusion Officer at  
School

Or

Speak to your YOT Officer

Or

Call Christina Bufton at  
Powys Challenge on  
01597 822400

You can start at any time